

**Kalispell Ski Club**  
P.O. Box 863, Kalispell, MT 59903-0863

**Membership 2009-2010**

Please Print

Membership Costs: (Guardian)  
 \$30.00 per Family Membership Name \_\_\_\_\_  
 \$40 if paid after December 1 (Guardian)  
 Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_, MT \_\_\_\_\_ (Zip)

Membership runs from Oct. 1 to Sept. 30 of the next year.

Email \_\_\_\_\_ Phone \_\_\_\_\_ Date Paid \_\_\_\_\_

If you are interested in being an Instructor or helping please check the box below and fill in your name.

Instructor: Name \_\_\_\_\_ General Help: Name \_\_\_\_\_

Print Child's Name	Age (6 through 14)	Boy or Girl	Skiing Levels 1-6	Number of Times Skied
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

The above children have my permission to enter the Learn to Ski Program of the Kalispell Ski Club as indicated above; I hereby release the Kalispell Ski Club, Winter Sports, Inc., and all individual sponsors, managers, instructors, and officials of the program from any liability whatsoever for injury sustained through participation in this program and the races that are part of the program.

Sign (legal guardian): \_\_\_\_\_

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**American Teaching System Levels**

- Level 1 -- Skier will learn to: Straight run and the gliding wedge (snow-plow). Will quickly become a level 2 skier.
- Level 2 -- Has attained Level 1 skills; skier will learn to: Ride the easier lifts (chair 3 or 6). Change direction in a wedge (snowplow), and link turns together on the easiest groomed beginner runs. Steer their wedge turns out of the fall line (straight down) for speed control. Develop ability control speed through turn shape. Ski in a line, keep distance between each other and stop safely.
- Level 3 -- Has attained Level 2 skills; skier will learn to: Adjust the size of their wedge and steer skis for turn shape and speed control on beginner terrain. Matches (parallel) their skis at the end of the turn and traverse with skis mostly matched. Ski with control.
- Level 4 -- Has attained Level 3 skills; skier will learn to: Link wedge christy (skidding) turns with matching in the fall-line on groomed green (beginner) and easiest blue (intermediate) runs. Ski from the top of the mountain. Apply size of wedge opening to different situations. Make judgments in speed and turn shape. Skid on corresponding edges and steer both skis for turn shape and speed control.
- Level 5 -- Has attained Level 4 skills; skier will learn to: Link wedge christy turns with longer parallel portions of the turn on green and easy blue slopes. Focus on outside ski to develop turn shape and inside ski to understand matching. Steer skis simultaneously to control speed with turn shape. Link turns with speed control in easier bumps and ungroomed snow. Ski blue runs at moderate speeds.
- Level 6 -- Has attained Level 5 skills; skier will learn to: Link and control turns that are parallel, start to finish, on green and blue slopes. Swing ski poles forward in rhythm with linked turns. Make choices on where to ski and what type of turn to make on blue runs. Adjust turn shape, speed, and tactic on easier ungroomed runs and in light powder. Freely cruise on all groomed runs with a smile.